

# Physical Education AS/A2

## EXAMINATION BOARD

Edexcel

## ENTRANCE REQUIREMENTS

GCSE Physical Education and/or GCSE Science - Grade A\* - B. A good standard of practical ability, participating in at least one sport outside of school.

## THE COURSE

AS and A2 Physical Education is the study of the performer in action, the performer in person and the performer within society. During the course students will have the opportunity to study a wide variety of subjects. Physical Education can be taken as an A2 (two year course) or as an AS (one year course).

The Advanced Subsidiary (AS) forms 50% of the assessment weighting of the full A Level. AS can be taken as a stand alone qualification or as the first part of the full A2 Course.

### The AS course studies:

1. Exercise and Training.
2. Acquisition of Skill.
3. The Social Basis of Sport and Recreation.

### The A2 course studies:

4. Psychology of sport.
5. Exercise and Energy Systems.
6. Global Trends in International Sport.

If you are interested in science, psychology, sociology, history and sport, there is something for you in A-Level Physical Education. The theory element is worth 60% in AS and 70% A2.

With the remainder of the assessment being practical/coursework. During the two years you will study a variety of physical activities looking at:

- Improving your own technique and performance
- Observing and analysing your own and others' performance
- Preparing for physical activities
- Planning and performing & Personal Exercise Programme.

The key element in A-Level Physical Education is relating theory to practice, applying what you learn in the classroom to your own and others' performance.

## ORGANISATION OF WORK

The theory subjects and practical areas will be divided into modular units to be taken during and at the end of the courses. All final theory exams take place in June.

## SUPPORTING SUBJECTS

Due to its broad nature, A-Level Physical Education can be taken alongside a variety of other subjects such as history, biology, psychology and sociology.

## POST A-LEVEL (INCLUDING CAREER OPPORTUNITIES)

All courses in Higher Education accept A-Level Physical Education as an entrance subject. Specifically courses such as Teaching, Sports Studies and Physiotherapy recognise Physical Education as an important pre-course qualification. A-Level Physical Education can lead to Sports Centre Management, Sports Development, Nursing, Armed Forces and the Police Force.